

SWEET AIR PARK RECREATION CENTER

August Cancellations for the GYM and Activity Room

Floor Cleaning begins Wednesday, August 22 at 5:00 pm

All Classes at CMRC Sweet Air Park are Cancelled-

Zumba at CM is on

All classes are cancelled on Thursday, August 23rd and Friday, August 24th

The classes that are cancelled are:

Wednesday, August 22: Strength 6-7pm; Candlelight Yoga 7:15-8:15

Thursday August 23: All classes

Friday August 24: All classes

Classes at Carroll Manor are not affected

Summer Make Up Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>8/27 Zumba 6:30-7:30 SAP AR</p> <p>Candlelight Yoga 7:35-8:35pm SAP AR</p>	<p>8/28 Zumba 9:30-10:30 SAP Gym</p> <p>Pilates 9:30- 10:30 SAP AR</p> <p>Strong by Zumba, 6:30-7:30 SAP Gym</p>	<p>8/29 Strength 9:30-10:30 SAP Gym</p> <p>Strength 6-7pm SAP AR</p> <p>Candlelight Yoga 7:15-8:15 SAP AR</p> <p>Zumba 6:30-7:30</p>	<p>8/30 Zumba step 9:30-10:30 SAP Gym</p> <p>Yoga 9:30-10:30 SAP AR</p> <p>Strong by Zumba 6:30-7:30 SAP Gym</p>	<p>8/31 Strength 9:30- 10:30 SAP Gym</p>	
		<p>9/5 Strength 9:30-10:30 SAP Gym</p> <p>Strength 6-7pm SAP AR</p> <p>Candlelight Yoga 7:15-8:15 SAP AR</p> <p>Zumba 6:30-7:30</p>	<p>9/6 Zumba step 9:30-10:30 SAP Gym</p> <p>Strong by Zumba 6:30-7:30 SAP Gym</p>		